**Mind Maps**

You can apply mind-mapping to any scenario – of online use an online whiteboard to create your mind map.

OR

Each of you creates individual mind maps using the following steps and applied to your scenario.

OR

Do the mind map in person!

Diagram

Description automatically generated

**1. Start in the centre of a blank page**

* Turn the page sideways
* Your brain has more freedom to spread out in all directions

**2. Use an Image or picture for your central idea**

* An Image is worth a thousand words
* It stimulates your imagination
* It is more interesting
* It keeps you focused
* It helps you concentrate

3. **Use Colours throughout**

* Colours are exciting to the brain
* Colours add vibrancy and life to your Mind Map
* Colours add energy to your creative thinking

**4. Connect Main Branches to the central image**

* Connect second and third level branches
* The brain works by association
* The brain likes to link things together
* Linking the branches creates structure

5. **Make your lines curved**

* Straight lines are boring
* Curved branches are attractive

**6. Use One Key Word per line**

* Single Key Words give your Mind Map more power and flexibility
* Each word or image creates its own associations and connections
* Each Key Word is able to spark off new ideas and thoughts
* Phrases dampen this triggering effect

**7. Use Images throughout**

* Each image is worth a thousand words
* 10 images will give you 10 000 words!